

COVID-19 CADTH REFERENCE LIST

# Quick Start: Resumption of Mental Health Services

**This report was completed  
May 12, 2020**

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Version: 1.0  
Publication Date: May 2020  
Report Length: 6 Pages

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**Funding:** CADTH receives funding from Canada's federal, provincial, and territorial governments, with the exception of Quebec.

Questions or requests for information about this report can be directed to [requests@cadth.ca](mailto:requests@cadth.ca)

## About This Document

With the speed of information coming out on COVID-19, our customers often need evidence fast. In the interest of supporting urgent customer needs for reliable evidence, a collection of key citations have been provided upon request. These citations have met customer needs on COVID-19–related topics and are intended to provide a preliminary start to more comprehensive searching or to help frame questions or issues. International scientific evidence about COVID-19 is changing and growing rapidly, so if you'd like to know more please contact [requests@cadth.ca](mailto:requests@cadth.ca) or <https://covid.cadth.ca/submit-a-request/>.

## Post-COVID Psychology Practice

### English

College of Registered Psychotherapists of Ontario. Planning for transition to in-person practice: implementing infection prevention and control practices. 2020 May 4; <https://www.crho.ca/transition-to-in-person-practice/>

American Psychological Association Services, Inc. COVID-19: when is it OK to resume in-person services? 2020 May 1; <https://www.apaservices.org/practice/news/in-person-services-covid-19>

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Circuit breaker measures FAQ. Singapore (SG): Singapore Psychological Society; 2020 Apr 30: <https://singaporepsychologicalsociety.org/wp-content/uploads/2020/04/Circuit-Breaker-Measures-FAQ.pdf>

### Other Languages

Covid-19: À propos du déconfinement. Boulogne-Billancourt (FR): Fédération Française des Psychologues et de Psychologie; 2020 May 6: [http://www.psychologues-psychologie.net/documents/communiqués/2020/2020-05-06-communique\\_ffpp.covid-19.pdf](http://www.psychologues-psychologie.net/documents/communiqués/2020/2020-05-06-communique_ffpp.covid-19.pdf)  
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Norsk Psykolog Forening. Veileder for smittevern [Guide for infection control]. 2020 May 4; <https://www.psykologforeningen.no/medlem/informasjon-om-koronapandemien/medlemsinformasjon/smittevernsraad-for-psykologer2/veileder-for-smittevern>

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## Post-COVID General Clinical Practice (Canada)

CPSA advice to the profession. COVID-19: reopening practice. Edmonton (AB): College of Physicians & Surgeons of Alberta; 2020 Jun: [http://www.cpsa.ca/wp-content/uploads/2020/05/AP\\_COVID-19-Reopening-Practice-V-03.pdf](http://www.cpsa.ca/wp-content/uploads/2020/05/AP_COVID-19-Reopening-Practice-V-03.pdf)

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Government of Alberta. CMOH order 16-2020 which amends CMOH Order 07-2020: 2020 COVID-19 response. 2020 May 3; <https://open.alberta.ca/publications/cmoh-order-16-2020-2020-covid-19-response>

*Since replaced by order 25-2020* <https://open.alberta.ca/dataset/cmoh-order-25-2020-which-rescinds-cmoh-orders-01-02-07-15-16-17-18-19-20-24-2020-covid-19-response>

Government of Saskatchewan. Medical professionals guidelines. 2020; <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/guidelines/medical-professionals-guidelines>

COVID-19: guidance on the re-opening of primary care clinics. Winnipeg (MB): Shared Health Manitoba; 2020 May 1: <https://sharedhealthmb.ca/files/covid-19-guidance-for-reopening-clinics.pdf>

Guidance document to physicians: re-open Saskatchewan Phase 2. Saskatoon (SK): College of Physicians and Surgeons of Saskatchewan; 2020 May 8: <https://www.cps.sk.ca/iMIS/Documents/PANDEMIC/COVID-19/2020.05.08%20Re-Open%20Saskatchewan%20Phase%202%20-%20CPSS%20Guidance%20document.pdf>

## Broader Psychology Post-Pandemic

### Commentary/reports on the field of psychology post-COVID

Phase de rétablissement à la pandémie pour les personnes avec des problèmes ou des troubles de santé mentale [Pandemic recovery phase for people with mental health problems or disorders]. Quebec (QC): Institut national d'excellence en santé et en services sociaux (INESSS); 2020 May 8: <https://www.inesss.qc.ca/en/covid-19/retablissement-et-reprise-des-activites/phase-de-retablissement-a-la-pandemie-pour-les-personnes-avec-des-problemes-ou-troubles-de-sante-mentale.html>

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Das N. Psychiatrist in post-COVID-19 era - Are we prepared? *Asian J Psychiatr*. 2020 Jun;51:102082. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7139240/>

Vieta E, Perez V, Arango C. Psychiatry in the aftermath of COVID-19. *Rev Psiquiatr Salud Ment*. 2020 Apr 23;13(2):105-110. <https://www.elsevier.es/es-revista-revista-psiquiatria-salud-mental-286-articulo-psychiatry-in-aftermath-covid-19-S188898912030029X>

Shore JH, Schneck CD, Mishkind MC. Telepsychiatry and the coronavirus disease 2019 pandemic—current and future outcomes of the rapid virtualization of psychiatric care. *JAMA Psychiatry*. 2020 May 11. <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2765954>

## Current Guidelines on In-Person Psychology

Resources for psychologists currently practising in person that may apply to those returning to in-person practice

Infection prevention and control measures in mental health facilities: guidelines. (*CADTH Rapid response report: summary of abstracts*). Ottawa (ON): CADTH; 2020 April 17: <https://cadth.ca/sites/default/files/covid-19/RB1482%20COVID%20IPC%20Mental%20Health%20Final.pdf>

American Psychological Association Services, Inc. COVID-19 and psychology services: How to protect your patients and your practice. 2020 March 5; <https://www.apaservices.org/practice/news/covid19-psychology-services-protection>

British Psychological Society. Adaptations to psychological practice: interim guidance during Covid-19. 2020 May 5; <https://www.bps.org.uk/coronavirus-resources/professional/adaptations-psychological-practice-interim-guidance>

American Association for the Treatment of Opioid Dependence, Inc. AATOD guidance to OTPs in response to the coronavirus (COVID-19). 2020; <http://www.aatod.org/advocacy/policy-statements/covid-19-aatods-guidance-for-otps/>

American Society of Addiction Medicine. Infection mitigation in outpatient settings. 2020 April 14; <https://www.asam.org/Quality-Science/covid-19-coronavirus/infection-mitigation-in-outpatient-settings>

American Society of Addiction Medicine. Infection control and mitigation strategies in residential treatment facilities. 2020 Mar 31; <https://www.asam.org/Quality-Science/covid-19-coronavirus/infection-mitigation-in-residential-treatment-facilities>

Reducing harm for people using drugs & alcohol during the COVID-19 pandemic: a guide for alternate care sites programs. Nashville (TN): National Health Care for the Homeless Council; 2020 April; <https://nhchc.org/wp-content/uploads/2020/04/Reducing-Harm-During-COVID-19-for-People-Using-Drugs-at-ACS1.pdf>

COVID-19 guidance: mental health and addictions service providers in community settings. Toronto (ON): Ontario Ministry of Health; 2020 May 9; [http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_MHAS\\_Community\\_guidance.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_MHAS_Community_guidance.pdf)

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New South Wales Government (Australia). Guidance for accessing and delivering AOD services during COVID-19. 2020 Apr 15; <https://www.health.nsw.gov.au/aod/Pages/covid19-aod-services-response.aspx>

Délestage des lits en milieu psychiatrique et mesures alternatives à l'hospitalisation [Load shedding of beds in psychiatric settings and alternative measures to hospitalization]. Quebec (QC): INESSS; 2020 Mar 31; <https://www.inesss.qc.ca/en/covid-19/services-sociaux/delestage-des-lits-en-milieu-psychiatrique-et-mesures-alternatives-a-lhospitalisation.html>

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